

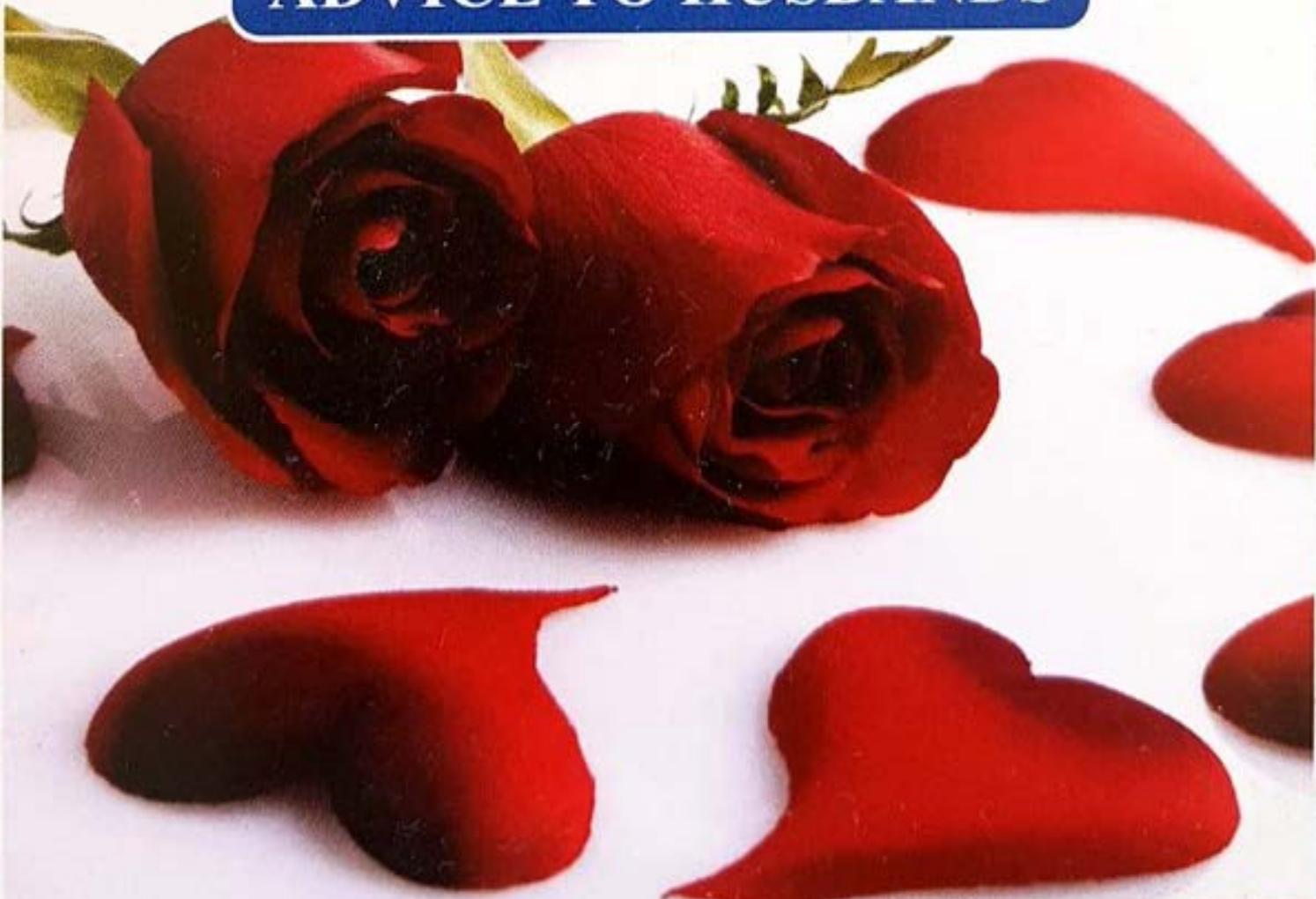
# *The Perfect Knot*

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PRESCRIPTIONS FOR  
MARITAL BLISS

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ADVICE TO HUSBANDS



Published by:

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P.O. Box 18089 - Actonville - 1506  
Gauteng - South Africa

Printed by:

Taj Printers • +27 11 425 0450

First Edition: March 2006

Second Edition: February 2007

Revised Edition: August 2012

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**The publishers will appreciate copies for their own records.**

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ISBN NO. 0-620-35714-2

MAKE A PRACTICE OF OFFERING  
THIS DU'AA REGULARLY:

رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَدُرْجَتِنَا  
فُرَّةً أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَقِينَ إِمَامًا

Rabbanaa-hablanaa-min-azwaajinaa-wa-zhur-riyyaatinaa-qurrata-a'yunin-waj'alnaa-lil-muttaqeen-Imaamaa

“ O Allaah, grant that our spouses and our offspring be the coolness of our eyes and cause us to be a model for the righteous”

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THIS DU'AA SHOULD BE RECITED ON THE  
FIRST NIGHT WHEN IN SECLUSION

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِهَا وَخَيْرِمَا جَبَلْتَهَا عَلَيْهِ  
وَأَعُوذُ بِكَ مِنْ شَرِّهَا وَشَرِّمَا جَبَلْتَهَا عَلَيْهِ

Allaahumma-in-nee-as-aluka-min-khairihaa-wa-khairi-maa-jabaltahaa-'alayhi-wa-a'oozhubika-min-sharri-haa-wa-sharrimaa-jabaltaha-'alayhi

“ O Allaah, I ask You for her goodness and the goodness upon which she was created. I seek Your protection from her evil, and the evil upon which she was created.”

The husband should gently hold the forelock of his wife with his right hand or place his right hand on her forehead and recite the above du'aa.

## TRANSLATION OF THE NIKAAH KHUTBAH (SERMON)

### THIS KHUTBAH IS RECITED WHEN THE (NIKAAH) MARRIAGE IS OFFICIALLY SOLEMNISED

All praise is solely for Allaah - We praise Him only; Beseech His help only and implore His forgiveness only - We seek the refuge of Allaah from the evils of ourselves and the evil (effects) of our bad deeds. Whomsoever Allaah guides, none can lead him astray and whomsoever He misguides, none can guide him. I testify that there is none worthy of worship besides Allaah; He is One, without a partner, and I testify that Muhammad (ﷺ) is His servant and Messenger.

(Allaah) has sent His (Messenger) with the True (Deen) so as to convey glad-tidings (to the Believers) and to warn (the disbelievers) before (the coming of) Qiyaamah. Whoever obeyed Allaah and His Messenger (ﷺ), he has obtained guidance and whoever disobeyed Them, he has caused harm only to himself. He can never ever cause any harm to Allaah whatsoever.

Allaah ﷺ says : " O people, fear your Rabb (Sustainer) Who created you from a single soul (Hadhrat Aadam ﷺ) and created therefrom its spouse (Hadhrat Hawwaa ﷺ), and spread from these two (husband and wife) multitudes of men and women. And fear (the punishment) of that Allaah through whom you ask (for the fulfilment of) each others' mutual rights, and save yourselves from (not fulfilling the rights of) relatives. Verily, Allaah is ever-watchful over you." (Al-Qur'aan)

Allaah ﷺ says : " O you who believe, fear Allaah as He should be feared, and (remember) that death should not overcome you except as Muslims (i.e. you should die with Imaan)." (Al-Qur'aan)

Allaah ﷺ says : " O you who believe, fear Allaah and utter only that which is correct, Allaah will correct your deeds and He will forgive your sins. And whoever obeys Allaah and His Messenger has indeed attained great success." (Al-Qur'aan)

Nabi ﷺ said : " Nikaah is from (amongst) my Sunnah (way of life)", and Nabi ﷺ also stated : " Whosoever is disinclined to my Sunnah is not of me (i.e. he does not belong amongst my followers)."

We beseech Allaah to make us from amongst those who obey Him, and obey His messenger, follow His pleasure, abstain from His displeasure, because on Him only have we brought Imaan (faith) and Him only do we obey.

### **Du'aa (Supplication) :**

*"O Allaah, grant that our spouses and our offspring be the coolness of our eyes and cause us to be a model for the righteous."*

*May Allaah bless you, shower His blessings upon you and grant both of you goodness and prosperity.*

*May Allaah's Peace and Blessings descend upon the noblest of creation, Muhammad ﷺ, upon his family and his illustrious companions. Aameen.*



*Maximum benefit will be attained and  
the intended purpose of this publication  
would be achieved if this  
**GOLDEN PRINCIPLE**  
is kept in mind:*

*Strive towards fulfilling the rights due  
to your wife, rather than being  
concerned with the fulfilment of your own  
rights. If each spouse sincerely commit  
themselves to fulfilling the rights of the  
other spouse and overlook the  
non-fulfilment of their own rights it will  
lead to greater mutual harmony.*

*Constantly reminding your spouse to fulfil  
your rights may only lead to discord.*

*Allaah Ta'aala commands us in the  
Qur'aan to **DISCHARGE** the  
obligatory **RIGHTS DUE TO OTHERS**.*



WE PRAISE ALLAAH ﷺ AND INVOKE PEACE AND  
BLESSINGS UPON HIS MOST BELOVED PROPHET,  
NABI MUHAMMAD ﷺ

## ADVICE TO HUSBANDS

- Enter the marriage with the **Pure Intention of Pleasing Only Allaah ﷺ**. The marriage then becomes an act of worship for which both spouses will be rewarded. It is imperative to renew this intention often, to remain steadfast and obtain maximum benefit.
- The Noble Qur'aan asserts that the purpose of marriage is to derive peace and comfort from one another so that there may be love and affection between you. Couples who lead their lives according to the Shariah and Sunnah often accomplish this tranquillity.

- Don't have unrealistic expectations, hoping for perfection in all aspects. This often leads to disappointment. Rather expect less and be pleasantly surprised when your spouse is much more than you hoped for. This leads to greater contentment.
- Adopt *Taqwaa* (Allaah Consciousness) and be mindful of your duties towards Allaah ﷺ at all times, as piety is the stepping stone to a beautiful moral and spiritual character.
- Create a Deeni (Islaamic) environment in your home, as this will bring about prosperity, serenity and contentment in your lives.
- Acquaint yourself with the Islaamic knowledge and responsibilities of marriage. Remember that forewarned is forearmed.
- Successful marriages require patience, kindness, humility, sacrifice, empathy, love, understanding, forgiveness and dedication. Following these principles should help any marriage to prosper. The essence of them all can be summed in one sentence. Always

**treat your spouse the way you would like to be treated.** If you follow this rule, your marriage will have a much greater chance of success. If you discard this rule, failure may be impending.

- Rasulullaah ﷺ said : “ .. the best amongst you are those who are the best towards their wives.” (*Tirmidhi*)
- Allaah ﷺ says : “ For them (women) are (rights) similar to those on them, according to the beautiful standard.” You are warned here that just as you have rights due to you, your wife also has rights due unto her.
- In the Last Sermon that Rasulullaah ﷺ delivered at the Final Hajj (Pilgrimage), he said: “ ... O people, it is true that you have certain rights with regard to your women, but they also have rights over you. If they abide by your rights, then to them belongs the right to be fed and clothed in kindness. Do treat your women well and be kind to them, for they are your partners and committed helpers. And it is your right that they do not make friends

with anyone whom you do not approve (of), as well as never to commit adultery..."

- Don't be concerned **only** with fulfilling **your own** Deeni (religious) duties. It is your Deeni and moral obligation to guide your wife and children towards their Islaamic duties also. However, do so with love, affection, wisdom, compassion and patience. Allaah ﷺ says : "O people of Imaan, save yourselves and your families (wives and children) from the Fire (of Jahannam)."
- Show interest in your wife's and children's lives. Too often we live in the same home but know very little or nothing about each others' lives.
- It is sinful to compel your wife or children to obey you in matters that contravene the commands of Allaah ﷺ. On the other hand, you should also not succumb (give in) to the un-Islaamic dictates of your wife and children.

- Follow the principles of 'Shura' and make decisions as a family. Much harmony will prevail in the family when decisions are mutually agreed upon and not imposed. In this way everyone feels that they have some part in the decision making in the home.
- Never be emotionally, mentally or physically abusive to your spouse. Rasulullaah ﷺ never mistreated his wives. Nabi ﷺ said : " How could they beat their women in the daytime as slaves and then sleep with them in the night?"
- When entering the home always make *Salaam* cheerfully, no matter how difficult your day may have been. It is mentioned in a Hadeeth that when a man enters his home cheerfully, Allaah creates, as a result of his happy attitude, an angel who engages in *Istighfaar* (seeking forgiveness) on his behalf.
- Similarly, when leaving the home for work in the morning, make a point of kissing your wife (either on the lips, cheeks or forehead) and don't leave without making *Salaam*. Nabi ﷺ

said that we should make *Salaam* a custom amongst ourselves. Teach our children also to always make *Salaam*. It will be a means of engendering great love and happiness in the home.

- Implement the beautiful Sunnah (way of Nabi ﷺ) of smiling. Learn to smile more often and frown less. Express this beautiful, virtuous act of smiling to your wife often. Don't only implement this great Sunnah outside your home to strangers. Smiling is an act of *Sadaqah* (charity). You should create such a *warm, loving, jovial, affectionate and affable atmosphere in the home that your family look forward to welcoming you home, rather than hoping that you never come home*.
- Support and spend generously on your family, according to your means. Regard this as a Shar'ee (Islaamic) responsibility which merits reward and not as a favour on them, nor a burden upon yourself.
- Spending on just bare necessities is not sufficient to engender true love and a happy

home. Do not restrict your expenses due to stinginess. However, be moderate in your expenditure - there should neither be wastage nor miserliness.

- Shower your wife with gifts (within your means). This will increase the love in your marriage. **However, never remind her of the gifts or the favours that you confer upon her.**
- Show appreciation for your wife's efforts and don't take it for granted nor ignore it. She maintains the home, takes care of you and the children. She carries out these tedious tasks diligently, and deserves recognition for her efforts.
- Frequently express your gratitude, appreciation and love by words and actions. This is great encouragement for her, as she desires your love, approval, admiration and gratitude.
- Provide her with her **own monthly allowance** (according to your means), over and above the household budget expenses. This money

will then **BELONG TO HER**, thus allowing her freedom of choice to purchase items for her personal needs or gifts, without having to account how it was spent.

- Compliment your wife's cooking when partaking of meals. This gives her inspiration. Overlook the little shortcomings, e.g. if the salt is less or if the food is not prepared on time, for some reason beyond her control.
- Endeavour to eat and drink from the same utensil. Sometimes place a morsel of food in each others' mouths, this will increase mutual love.
- Never complain to others about your wife's physical appearance. Do not disclose your wife's secrets or faults to friends and family. This is a recipe for disaster. Information about your intimate relations should be kept between you and your spouse. Nabi ﷺ said : "Whoever conceals the faults of others, Allaah will conceal his faults on the Day of Qiyaamah." (*Mishkaat*) Nabi ﷺ also said : "The worst person on the Day of Qiyaamah

will be the one who reveals the private life of his wife to others.” (*Muslim*)

- Express your love for her often and make her feel wanted. According to Rasulullaah ﷺ, the mercy of Allaah ﷺ cascades on a couple when the husband glances at his wife with love and pleasure and she reciprocates by glancing at him with love and pleasure.
- Laugh and joke with her, within Shar'ee limits. Rasulullaah ﷺ used to engage in light-hearted talk with his wives.
- At least once everyday, express your gratitude to your wife. Nabi ﷺ said: “Whoever does not show gratitude to people has not shown gratitude to Allaah.”
- Compliment your wife's beauty and her dressing. However, if you do not approve of any aspect of her dressing, then instead of rebuking her, rather explain to her in a gentle and loving manner your likes and dislikes regarding her dressing.

- You should also be well-groomed and smartly dressed for your wife, (within the confines of the Sharee'ah). Apply pleasant itr (or halaal perfume), as it revives and generates emotions of love. Nabi ﷺ's body had a natural scent more fragrant than musk.
- If possible, give your wife a phone call during the day, even if it be to find out if she requires something or to ask how she is feeling, etc.
- Share in the upkeep and maintenance of the home. This creates a caring attitude. Doing household chores is a Prophetic attribute that breeds humility and displays compassion and kindness. Nabi ﷺ assisted in household chores.
- Learn to tolerate slight insubordination, misbehaviour, or displeasing little acts emanating from your wife. Don't react violently by meting out injustice and cruelty upon her with verbal or physical abuse. You should endeavour to transform your wife's unsavoury habits such as her laziness, indiscretion, carelessness, etc. with advice

and admonition executed tactfully, with wisdom and patience. *Don't become a tyrant and oppressor.*

- It is among her rights upon you that you tolerate her little acts of impatience and misbehaviour. Nabi ﷺ has said that a woman was created from a curved rib and there is, therefore, some evasiveness in her character.
- Speak to her and live with her in the manner that you would want someone to treat your own sister, daughter or niece. Allaah ﷺ commands : "Deal with women correctly and with kindness. If, then, you dislike them, then it is possible that you dislike something while Allaah has created abundance of goodness in it." (*Surah An-Nisaa*)
- When you are enraged and you desire to vent your anger by physically or verbally abusing her, then understand that Allaah ﷺ, whose trust she is, possesses greater power than you do. There is no refuge from His wrath. Rather act with noble tolerance and honour.

Rasulullaah ﷺ said : " A powerful man is not one who overpowers another in physical combat. Verily, a powerful man is one who controls his nafs (inner self) at the time of anger."

- If any problem, dispute or difficulty arises in the marriage, then always turn to Allaah ﷺ for help and guidance first. Thereafter, if the problem persists, consult a pious, experienced elder or an Aalim for advice.
- Remember that after the expression of every bout of anger there is regret.
- Show your modesty, humility and understanding by sacrificing your happiness and comfort for her pleasure.
- Learn to forgive your wife - Forgive her as many times as you would want Allaah ﷺ to forgive you for your errors and sins.  
Remember : "*To err is human, to forgive is Divine.*"
- **LEARN TO COMMUNICATE CONSTRUCTIVELY AND EFFECTIVELY.**

Make a resolution from the beginning that at the time of a crisis or problem you would sit down and discuss it in a dignified manner (without raising your voices or being abusive), or you will seek advice from someone whom you both can confide in.

- Don't choose **NOT** to communicate, because even your silence and your body language can convey important messages. Sometimes, **these** (silent treatment) messages may be misinterpreted and could cause more harm to the marriage.
- Misunderstandings and minor differences should not be suppressed, rather discuss them mutually; in an amicable and dignified manner. If this is not done it could ultimately, Allaah forbid, lead to a broken marriage. However, never discuss a problem when you are angry. If you are angry, rather move away from an argument for a short while in order to calm down. Recite "A'oozhu-billaahi-minash-shaytaanir-rajeem" (*I seek protection with Allaah, from shaytaan, the accursed*) when your anger overwhelms you. If possible,

perform Wudhu (ablution).

- Never go to sleep with an argument unsettled. This is harmful and should be avoided at all costs.
- Regard shaytaan as your enemy, not your wife.
- **Someone** has to win an argument, so rather let her be the **one**. Nabi ﷺ said : “Whoever discards an argument despite being correct, shall earn a palace in the centre of Jannah.”
- Learn to admit your mistake if you are wrong. This is a trait of humility and will give you greater credibility and earn you more respect. Do not attempt to justify your error or failure with feeble excuses. Nabi ﷺ said : “ All the sons of Aadam (ﷺ) commit errors, and the best of those who err are those who seek forgiveness.”
- Don't ever argue in public or in front of your children. Never criticise, reprimand or belittle your wife in front of others. This type

of behaviour lowers your wife's self-esteem and diminishes your children's respect for her. This consequently affects your children psychologically and could prove detrimental to the marriage.

- **Never shout at each other unless the house is on fire.** Luqman ﷺ advised his son : " And lower your voice for verily the most disliked voice is that of a donkey." (*Surah Luqmaan*)
- When there is a serious conflict, call in arbitrators from both parties and let the matter be solved amicably. Allaah ﷺ mentions in the Qur'aan Majeed : " If you fear a breach between the partners, appoint two arbitrators, one from each family. If they wish for peace, Allaah will reconcile them. Verily, Allaah is All-Wise and All-Knowing." (*Surah 4 : Aayah 35*)
- Don't bring up past problems once they have been resolved. Concentrate on the problem at hand and move forward. Nabi ﷺ said : " Whoever conceals the faults of others, Allaah will conceal his faults on the Day of

Qiyaamah."

- **Spend quality time with your wife and children.** This will contribute towards a more affectionate and loving relationship and also create a stronger family bond. In actual fact, the time that you spend with your wife and children is an act of Ibaadat (service to Allaah ﷺ), for which you will be rewarded. There can be no limit to the love and attention that you can give to your wife and children. Apart from your Deeni (religious) activities and necessary business / working activities, devote yourself to your family. Inshaa-Allaah, this will reap excellent long term dividends !
- “A man will be rewarded for spending on his wife, even for (literally) putting a morsel of food in her mouth.” (*Bukhaari & Muslim*)
- Divide your time well between work, home and social obligations.
- Neglect the entire world rather than your marriage partner. Treat your wife like the

most precious treasure in your life.

- **CONTROL YOUR TONGUE AT ALL TIMES.** Remember that wounds inflicted by swords may heal, but the wounds inflicted by the tongue very seldom heal. Nabi ﷺ said: "*The one who gives me guarantee of safeguarding that which lies between his two lips (the tongue) and that which lies between the legs (the private organs), I give him guarantee of Jannah (Paradise).*" (Bukhaari & Muslim)
- Many of us treat our spouses in ways that we would never treat others. With others we try to be polite, kind and patient. With our spouses we often do not show this courtesy. Of course, we are usually with our spouses at our worst times - when we are tired and frustrated after a hard day. After a bad day at the office, you usually come home angry and on edge. The wife has probably also had a hard day with the children and the housework. Discuss this potential time bomb so that if you are short-tempered with each other during these times, you will understand the reasons, rather than argue and presume

that your wife is angry and upset with you.

- Never compare nor mention the beauty, character or qualities of other women to your wife. This is extremely insensitive and may cause jealousy, suspicion and unnecessary doubts in her mind.
- Accept your wife for what she is and do not cast evil lustful glances at other women. The 'fleeting beauty' you see in other women is an arrow of shaytaan and a deception. Besides, these beauties are someone else's love, NOT your's! Value and derive pleasure from the real 'true beauty' which Allaah ﷺ has placed in your wife. Inshaa-Allaah, Allaah ﷺ will grant you great happiness, pleasure and satisfaction in your marriage.
- Be available to your wife sexually, and don't let your sexual relationship be characterised by selfishness. Rasulullaah ﷺ said : " It is not appropriate that you fall upon your wives like a beast, but you must send a message of love beforehand." Islaam encourages foreplay, within shar'ee limits. However, you should

consider your wife's moods and feelings and not put her through difficulty.

- Remember that your wife also has an inherent need to fulfil her conjugal desires, which you should respect and fulfil. Don't ignore this human need.
- Do not keep in touch or communicate with any female acquaintances from your past, even if they are "just good friends". This is extremely detrimental to the marriage and haraam (forbidden). Never be unfaithful to your wife.
- Allow your spouse sometimes the space to be left alone, within shar'ee limits, maybe to read, to think about any problems, or simply relax. Don't make her feel that she is committing a sin by requesting for this time alone.
- Remember, honesty and sincerity within a marriage is of paramount importance. Try your utmost to engender trust and confidence.

- If your wife is overcome with worries or is depressed, then be sympathetic and encourage her to discuss the problem (whatever it may be) with you. Also, make du'aa (supplicate) unto Allaah ﷺ to remove the difficulty. Become an anchor of support and a pillar of strength for her, by practically expressing your moral support. Inshaa-Allaah, this loving gesture will make her truly appreciate your heartfelt concern for her.
- Exercise patience; do not make hasty decisions that you may regret later on. The Qur'aan declares : “ Verily, Allaah is with those who exercise patience.”
- Never be angry at the same time. **Anger is the root cause for all marital disputes.** Rasulullaah ﷺ repeated the following advice thrice to a Sahaabi : “Do not become angry.”
- Rasulullaah ﷺ said : “The most detestable of lawful things by Allaah is *Talaaq* (divorce).” Don't abuse this onerous responsibility of issuing *Talaaq*, given to you by Allaah ﷺ.

- TALAAQ has been accommodated for in the Shariah. However, you DON'T have the authority to use it as a 'bargaining tool' or as a 'weapon' to threaten your wife.
- **NEVER EVER** use the words 'Talaaq' or 'Divorce', neither in jest nor in anger. **IF EVER** the need arises, then always seek the advice of an Aalim before resorting to divorce.
- If you are EVER constrained to issue a verbal or written 'Talaaq' (Divorce) to your wife as a last resort, after exhausting all avenues of reconciliation, then no matter what the circumstances, utter **ONLY ONE TALAAQ (DIVORCE)**. Issuing **ONE TALAAQ** gives **immediate effect to a divorce**. This still leaves room for possible reconciliation.
- The common **misunderstanding** that **THREE TALAAQS have to be uttered** is **ABSOLUTELY WRONG!** In fact, **THREE TALAAQS** is a **GREAT SIN** and irrevocably terminates the marriage, with **NO room for future reconciliation**. Acting on impulse can cause irreparable damage to the marriage. **PLEASE EXERCISE**

## GREAT CAUTION IN THIS REGARD !

- Oh Husband ! Don't ever renege (turn back) on your word; after only a few days, weeks or even months. Don't break your promises, ignore your agreements, breach your trusts, crush all expectations and become an oppressor, a tyrant, a cheat, a blackmailer and quite simply - a disaster. Don't cause anguish, grief and suffering to that delicate and tender species whom Allaah ﷺ had entrusted unto you. Unfortunately, many of our sisters and mothers bear untold misery and suffer in silence, day in and day out for years on end, having none to turn to besides Allaah ﷺ. Remember Oh husband, when that lonely, broken heart cannot tolerate anymore and those hands rise up complaining to none other than Allaah ﷺ, then rest assured that her pain and tears will not go unheard. Nabi ﷺ has warned us to fear the du'aa of the oppressed.
- Remember that your wife has made the great sacrifice of leaving the confines of her parents' home, her near and dear ones, and

her safe environment to come and live and spend the rest of her life with you - a life of the unknown. This she does on pure mutual trust and with great expectations and high hopes. Do not destroy these hopes and expectations. Fulfil all those requisites which you have made binding on yourself through the institution of Nikaah. Appreciate and value her sacrifices. Allaah ﷺ will surely reward you in this world and the hereafter.

- Don't make this mutual harmony which Allaah ﷺ has established become a source of contention, deception, trickery, tyranny, humiliation and abuse. This is not the way marriage is supposed to be.
- **NEVER** demand back **ANY** gift given to your wife, even if (Allaah forbid) the marriage ends in divorce. It is totally forbidden (haraam) to repossess gifts given during the marriage or at any other time, because the Shariah severely condemns the evil practice of repossessing gifts made to one's wife.
- Don't allow your wife to mix freely with other

(ghair-mahram) men. This freedom will severely harm your marriage. The Shariah describes a man who allows his wife to talk and mix freely with other men as a '*Dayyooth*'. You too should avoid mixing freely and talking, without necessity, to women who are ghair-mahram (strangers). ***Ghair-mahram refers to people with whom marriage is permissible in the Shariah.***

- It is your Islaamic obligation to be the breadwinner in the family. Don't shirk your responsibility and unduly burden your wife with this onerous task of supporting the family. This unnecessary strain on her will be the cause of great sorrow and lament, and you will be answerable to Allaah ﷺ in the Aakhirah for deliberately neglecting your fundamental duty to your family.
- It is your Islaamic and moral obligation to nurture and raise your children under your watchful, affectionate eyes and to provide them with the necessary Islaamic education. Inculcate good habits and Islaamic morals in them from a tender, young age.

- Regard your wife's parents and family as your own. Address them politely and treat them as kindly as you would treat your own parents and family. Accord her parents the same honour and respect as your own parents and never insult them. You can't acquire the love of your wife if you attempt to disrupt her relationship with her mother, father, brothers, sisters and other relatives. Disruption of family ties is amongst the worst of major sins, and invites the wrath of Allaah ﷺ.
- **DO NOT** place restrictions on your wife's visits to her parents (unless you have a valid Shar'ee reason for preventing her from visiting them).

*Rasulullaah ﷺ said:*  
*“The most binding of conditions to be fulfilled are those by (acceptance of) which you made your wives Halaal (lawful) for you”.*  
*(Bukhaari)*

رَبَّنَا تَقْبَلْ مِنَّا

The following du'aa should be recited before sexual relations :

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ جَنِبْنَا الشَّيْطَانَ

وَجَنِبْ الشَّيْطَانَ مَا رَزَقْنَا

Translation:

In the name of Allaah. O Allaah, protect us from the mischief of shaytaan and protect the children, which You will grant us, from shaytaan.

Recite the following du'aa (in the mind) at the time of ejaculation (or even before sexual relations):

اللَّهُمَّ لَا تَجْعَلْ لِلشَّيْطَانِ فِيمَا رَزَقْنَا نَصِيبًا

Translation :

O Allaah, let there be no share for shaytaan in what You grant us.

- Inshaa-Allaah, through the blessing (Barakah) of the above Sunnah du'aas, Allaah ﷺ will protect your children from the evil of shaytaan, and make them obedient, pious and uprighteous.

IF YOU ENCOUNTER ANY SERIOUS PROBLEM  
AND REQUIRE PROFESSIONAL HELP AND SUPPORT,  
THEN CONTACT THE JAMIATUL-ULAMA'S CARELINE  
AT +27 11 373 8080 OR +27 11 373 8000  
DURING OFFICE HOURS  
[islamicareline@gmail.com](mailto:islamicareline@gmail.com)

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